



Changing Diapers/Pull-ups as Standing Procedure

Post in the bathroom area. This procedure is for children actively toilet training.
For wet, urine diapers/pull ups only. For diapers/pull-ups with stool, follow diapering procedures.

Preparation	Gather necessary supplies so that they are easily accessible during change and within reach.	<ul style="list-style-type: none"> ❖ Clean, disposable diaper or pull-up. ❖ Disposable wipes or paper towels. ❖ Gloves. ❖ Plastic bags ❖ Extra clothes (if needed)
	Put gloves on	Recommended
Dirty Phase (For wet, urine diapers only)	Stand child by the toilet	Provide privacy. Assist child to remove pants. Put any soiled clothing in a plastic bag.
	Teach child to remove pull-up	Tear sides of pull-up to remove. Place pull-up/diaper into plastic bag.
	Teach child to wipe themselves	<ul style="list-style-type: none"> ❖ Teach child to wipe from front to back (once per wipe). Use disposable wipes or dampened paper towels. ❖ Place wipes in plastic bag.
	Remove gloves	Place gloves in plastic bag. Tie a knot in plastic bag and place in plastic lined trash container.
Toileting	Encourage independent toileting	<ul style="list-style-type: none"> ❖ Allow child to sit on toilet. ❖ Allow child to wipe with toilet paper.
Clean Phase	Teach child to put on pull-up and clothes.	Have child sit on toilet to put on clean pull up/pants or stand to place diaper between legs. Encourage child to flush toilet.
	Wash child's hands	Thoroughly with soap and warm running water for 20 seconds using posted procedure. Assist a child who needs help.
	Return child to activity	Staff returns immediately to diapering area.
Clean Up	Disinfect per product instructions	Any soiled areas.
	Wash hands	Thoroughly with soap and warm running water for 20 seconds using posted procedure.
Document	Acknowledge toilet learning process	Praise child for attempt/success in toilet learning process.
	Record	Toileting results on daily sheet or electronic method.
	Report	Any concerns to parents.